



# SPIRITUAL DEVELOPMENT PROGRAM

*Classes and Workshops to Support Your Spiritual Growth*

**Fall Session 2009**

**Honoring Our Mother Earth:  
An Introduction to Ancient Spiritual Wisdom**

Andrea Boone

8 Tuesday evenings, Sept 15–Nov 3; 7:00–9:30 PM  
and Saturday, Nov 4; 10:00 AM–5:00 PM

ILM Fireside Room

\$140 if registering by Sept 1; \$150 after Sept 1

Whales. Forest. Ocean. Butterflies. Rivers. Humans. We are all interconnected. Explore Celtic and Western shamanism traditions on how to communicate with the living land. Experience your place by moving into soul interaction with the unseen aspect of the One Great Spirit.

**The Fully Resourced Life**

Kaylie Dugan & Jean Rutherford

2 Saturdays, Oct 3 & 10; 10:00 AM–3:00ish

ILM Fireside Room

\$140 if registering by Sept 19; \$150 after Sept 19

Name, claim and manifest your true heart's desires using innovative 21st Century creation technology. This proven, simple and profound four-step process is clearly explained in a 48-page workbook that is included in the cost of the course.

**Getting Off the Victim Triangle  
and Into the Win-Win Circle**

Rev. Katherine Revoir

Saturday, Oct 17; 9:30 AM–5:00 PM

ILM Social Hall

\$45 if registering by Oct 3; \$50 after Oct 3

Do you feel the need to take care of other people's lives, then get a little angry when they don't listen? The three roles on the Victim Triangle all share the belief that the outside world is responsible for our well-being. In this workshop, gain practical tools for living in the Win-Win Circle, making a shift from dependency to Self-reliance.

**Singing Circle: Winter 2009 Theme: Release**

Valerie Joi Fiddmont

9 Wednesdays, Oct 21–Dec 16, 7:00–9:30 PM

ILM Social Hall

\$100 if registering by Oct 7; \$120 after Oct 7

Music is the creative expression that celebrates life. It has the power to inspire, heal, and transform both the artist and the listener. This workshop teaches how to minister through music and to give of one's self as an act of service. The Singing Circle will provide the musical inspiration at the ILM Sunday Celebration Service on Dec 13.

**Manifest Your Magic Women's Workshop:**

Let's transform the wounds of our past into occasions for celebration!

Jan Goff-LaFontaine & Hilary Nicholls, DC

4 Mondays, Nov 9–30, 7:00–9:00 PM

ILM Fireside Room

\$60 if registering by Oct 26; \$65 after Oct 26

Heal body, mind, spirit, transforming the wounds of our past into opportunities for growth. Through journaling, photography, art & guided meditations, find a path to healing & self-discovery. Each woman leaves the workshop with a healing portrait, an expression of wholeness.

**Additional Classes: Details Coming Soon!**

**From Trash to Treasure:  
A Pique Assiette Workshop for All Ages**

**Adult Tap Dance**

**Healing Your Relationship with God**

**The Science of Spirit**

**Childcare Availability**

Childcare is available for most of the classes with pre-registration at least two weeks in advance. In order to pre-register for childcare, please contact Families Minister Beth Love: [bethlove@icogitate.com](mailto:bethlove@icogitate.com) or 831-466-3405.

To register for any of these classes: <http://innerlighteducationministry.eventbrite.com>

Or use the Social Hall Self-Serve Station

For more information contact the Education Ministry: [education@innerlightministries.com](mailto:education@innerlightministries.com) or 831-465-9090 ext. 206.