

Good News

Sunday, February 5, 2012

PrayIN 2012 – 'Pray With Authority'

PrayIN Dates: February 19th–March 24th

PrayIN is Inner Light's annual Season of Prayer

During the months of February and March we gather in small groups facilitated by Inner Light Practitioners. In a safe and supportive environment, we learn to use and trust prayer as part of our daily spiritual practice. Groups are hosted by members of the Inner Light community. There are morning sessions (9:30am to Noon), afternoon sessions (2-4:30pm), and evening sessions (7-9:30pm) throughout Santa Cruz County. With over 20 groups to choose from, there is sure to be one that meets your needs. Each group meets on the same day or evening for 5 consecutive weeks.

Outreach groups consist of:

- A Santa Clara group
- Three groups co-sponsored by our Families Ministry:
 1. Spiritual Parenting
 2. PrayIN PlayIN (for children of parents who are attending Spiritual Parenting)
 3. An intergenerational group
- A men's PrayIN group co-sponsored by our Men's Ministry
- A Spanish-speaking group

To register for PrayIN, go to <http://www.innerlightministries.com/prayin-2012-pray-with-authority>. **Para registrarse para rezar ir a la página web de Inner Light en www.innerlightministries.com.**

Click on 'PrayIN Sign Up' to bring up the February 2012 Constant Contact calendar and follow the prompts to the day of the week that you prefer. It's simple, easy, and free of charge!

There are also registration forms and PrayIN brochures available at the PrayIN table in the Social Hall of the Administration building.

For more information, contact Valerie Hayes, Prayer Ministry Director, at (831) 465-9090 x211 or at vhayes@innerlightministries.com

Environmental Ministry News

Meeting with Potluck

TODAY, 1:15-3:30pm, Social Hall

Bike to Church on the Consciousness Caravan

Every Sunday the Consciousness Caravan departs at the following times, arriving at ILM in time for meditation.

9:30am Java Junction, Seabright & Murray

9:40am People's Coffee, 17th & Brommer

9:50am corner of 41st & Jade

10:00am Gayle's Bakery, Bay & Capitola Avenue

Those present ride on together, be it 1 or 100 riders. For more information contact Matthew at matthew@marichiba.com or at (831) 252-9062.

Attention Conscious Entrepreneurs! Intro to Money Mystics & Manifestation

Monday, February 6th, 7-9pm

You are a small business owner and know that the services and products you offer should be bringing in more income. You're ready to make a change and break through your financial ceiling to make more money with ease and flow! Ben Saltzman, a world-class facilitator, hosts an intro to *Money Mystics & Manifestation* the first Monday of each month. Join us!

ILM Sacred Earth Alliance (SEA)

2nd and 4th Mondays: 2/13, 2/27, 3/12, & 3/26
7-9pm in the Teen Room

Join with others to learn about or deepen a practice of Earth-based spirituality! SEA is dedicated to opening more completely to the mystery of Divine Presence as it manifests in and through the multi-dimensions of nature. In February we are starting a series of deeper dives into the sacred directions/elements/spiritual powers of Life, Light, Love, and Law. February will be East/Air/Life; March will be South/Fire/Light, and we'll continue on from there.

Questions? Contact Andrea Boone at (831) 212-2168 or andrea@DeepestMeaning.com



Bon Voyage Blessing For the Choir

Next Sunday, February 12th, During Service

The time has come! After countless hours of fundraising and rehearsing, the Inner Light Choir is headed to New York in less than two weeks. This community has been incredible in its support of this spiritually transformative endeavor. Thank you Inner Light! Next Sunday we will have the opportunity to bless the choir and send them on their way to this life-changing experience singing Negro Spirituals on the world-famous Carnegie Hall stage as part of an incredibly diverse mass choir of over 300 voices.

Encore Concert

You too will be able to experience this incredible music at the encore performance of the Carnegie Repertoire by the Inner Light Choir with The New Jacqueline Hairston Ensemble. More details coming soon.

Rev. Michael Bernard Beckwith to Speak At the United Nations General Assembly

Tuesday, February 7th, 7 – 10am PST

Rev. Michael joins speakers from the world's great religious and spiritual traditions called together by General Assembly President, H.E. Mr. Nassir Abdulaziz Al-Nasser, to celebrate the importance of World Interfaith Harmony Week, taking place during the 15th Annual Season for Nonviolence.

Watch the webcast: <http://www.unmultimedia.org/tv/webcast>

Youth Leadership and Service Learning Program

Launches Sunday, March 4th, 1-3:30pm

Inviting all teens, preteens, and adult allies to participate in a youth-led program designed to foster leadership and empowerment. Through the use of games, media tools, movies, and other activities, we will collaborate in the development and implementation of a community service project. Together, we can change the world! Join us for connection, fun, and making a difference! Additional program dates are March 18th, April 1st, April 15th, and April 29th. All are Sundays after the service. For more information or to RSVP: families@innerlightministries.com or (831) 465-9090.

Mid-Week Meditation

Wednesday evenings, 6:45 – 8pm in the Prayer Room

Do you meditate? Come and be in a relaxing environment in the presence of others. Our ILM Prayer Room is a soothing, contemplative space conducive to meditation.

6:45pm – Doors Open – Optional beginners instruction

7pm – Chanting (kirtan)

7:15pm – Doors close – Silent Meditation

7:45–8pm – Discussion

Feel free to bring your own meditation cushion.

For more details, pick up a flyer on the Connections Table in the Social Hall.

Passion For Produce

Tuesday, February 7th, 11am, Social Hall

On the first and fourth Tuesdays of each month, in collaboration with Second Harvest Food Bank we offer nutritional cooking demonstrations followed by a fresh produce distribution.

Pray IN Host Needed

Thursday Evenings, Feb. 23rd - March 22nd

Would you like the blessing of a small prayer circle in your home for five weeks? Do you live in the Santa Cruz, Capitola or Soquel area? We are looking for a host who is willing to open their home to accommodate approximately 8 people including a facilitator. This group meets on Thursday evenings from 7-9:30pm for 5 consecutive weeks.

Please pick up a host packet from the volunteers at the PrayIN table in the social hall or contact Elaine Johnson, Education Coordinator at 831-465-9090 ext 206 or education@innerlightministries.com for details.

'Take This Consciousness and Multiply It!' Join the Inner Light Video Team

We are looking for volunteer camera operators. Whether you are experienced or just have a desire to learn, we invite you to join the Inner Light Video Team. Sunday Services are now broadcast on public television stations in Santa Cruz, Monterey, and Saratoga, and we are streaming archived webcasts of our services over the internet. For more information, please contact Larry Kingsland at lkingsland@csumb.edu or at (831) 601-9184, or talk with one of our Video Team members after services.

All Needs Met

At Inner Light we stand upon the spiritual principle of all needs met. You may wish to contribute to the manifestation of this principle. Please take a look, and when you are out shopping, pick up a little extra for your beloved spiritual community.

Thank you for your generosity!

- Assorted Teas
- Flip Chart Easels
- Colored no-scent markers
- Name Tags – ideally the reusable type
- T3 Halogen Bulbs 300 watt
- Party Lite scentless tea light candles
- 3 Solid Core or Steel Pre-Hung Doors (36" ext. outswing) – approx. \$250 each
- Money-Counting Machine (Paper Currency) – approx. \$100-\$150
- Cross-cut Paper Shredder
- Duplexer for Dell 3110CN – approx. \$110
- Organic Snacks For Children's Services (needed weekly)

Agape 19th Annual Revelation Conference

L.A. Airport Hotel Marriott – April 26th-29th

Information Meeting RESCHEDULED

Sunday, February 26th, 1pm, Teen Room

The mystical alchemy of Agape's 19th Revelation Conference is brewing with our confirmed speakers Iyanla Vanzant, Dr. Will Coleman, Jean Houston, Rev. Michael Bernard Beckwith, and more speakers are still to be confirmed. There will be musical inspiration from Rickie Byars Beckwith, the Agape International Choir, featured soloists, and other surprises. It's not too late to register for the Ambassador rate of \$461. Contact swalpole@innerlightministries.com to learn more.

Volunteers Needed For Second Harvest Distribution

Inner Light Ministries believes there is indeed enough for all. In collaboration with Second Harvest, a bounty of food is available Thursdays starting at noon and again at 1pm on Sundays. Huge gratitude to the Provisions Ministry! Inner Light volunteers are currently distributing 6,000 pounds of food to over 500 people per week, and more volunteers are needed to assist with this vital ministry. Please contact Margo Zanzinger at (831) 423-1936.

Emmanuel's Gift

Friday, March 9th, Sanctuary, 7pm, \$20/\$25

Film Documentary and Speaker, Emmanuel Ofosu Yeboah, with Malimakone – African Drums

Co-Sponsor: Building For Generations

www.buildingforgenerations.com, Info (831) 477-7882

A one-hour version of Inner Light's Sunday Service:

Community TV of Santa Cruz County

Saturday 4pm and Sunday 8am

Channel 27 (Comcast Cable) & Channel 73 (Charter Cable)

Access Monterey Peninsula (AMP)

Sunday 3am and 3pm, Thursday 10pm Channel 24

KSAR Saratoga Community TV

Saturday & Sunday 9am Channel 15